

Uwharrie Lakes Region Trail Guide Hiking And Biking In North Carolinas Uwharrie Region

North Carolina harbors an incredible diversity of habitats that provide food and shelter for more than 440 bird species throughout the year, making the state a destination for birders and nature lovers. The North Carolina Birding Trail is a driving trail linking birders and tourists with great birding sites across the state and the local communities in which they are found. The second of three regional guides, the Piedmont Trail Guide presents 103 premier birding destinations in the North Carolina piedmont, most within an easy drive of the state's urban centers, between Charlotte on the west and Interstate 95 on the east. The spiral-bound volume features maps, detailed site descriptions, and color photographs throughout. Each site description includes directions as well as information on access, focal species and habitats, and on-site visitor amenities. Special "while you're in the area" listings accompany each of fourteen site groupings, so visitors can travel to a cluster of birding destinations and enjoy other local highlights and attractions along the way.

This is the only trail guide to the Uwharrie National Forest of North Carolina. The

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guide contains maps and detailed descriptions of over 215 miles of trails including 113 named trails and 95 suggested multi-trail trips. The Uwharrie National Forest is the closest national forest to the majority of the population centers of North Carolina. This guide is a must for hiking, mountain biking, and equestrian enthusiasts.

STAR TRAILS Navajo offers you a different way to look at the night sky, through Native American eyes. The Dine, or Navajo people of the American Southwest, have their own set of star figures and legends to describe the sparkling lights we see on Father Sky. Come explore the stars from a new perspective. Included are star maps, revised planet visibility charts, references to other cultures' star lore, and tips for enjoyable viewing.

Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, Backpacker is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured.

[CLICK HERE](#) to download a free hike from Best Hikes with Dogs North Carolina * North

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Carolina hikes located in and around Asheville, Winston-Salem, Piedmont, Uwharrie * National Forest, and the Mountains-to-Sea Trail * Info on first aid for dogs and the 10 Canine Essentials * Paw-friendly terrain * Trails appropriate for dogs of all ages and fitness levels Best Hikes for Dogs in North Carolina includes a handy trail-finder chart to help you choose just the right hike for you and your dog. And North Carolina is a paradise for canine hikers and their owners. Trails in this guidebook range from rolling meadows and countless streams, lakes, and waterfalls to the cool, lush forests filled with sights and scents. This guidebook has everything you need to know to plan a safe fun-filled outing with your dog. Also included: information detailing proper trail etiquette for dog owners and their pets, tips on hiking with dogs and their special needs, dealing with wildlife encounters, and more.

With Explorer's Guides, expert authors and helpful icons make it easy to locate places of extra value, family-friendly activities, and excellent restaurants and lodgings. Regional and city maps help you get around and What's Where provides a quick reference on everything from tourist attractions to off-the-beaten-track sites. From America's most popular national parks to the sands of the Outer Banks to the cool peaks of the tallest mountains in the East, writer/photographer Jim Hargan covers everything worth seeing and doing in his home state. Explore wilderness areas on bicycle or by kayak, visit sleepy hamlets or lively downtowns, enjoy fine dining or country cooking on your quest for the authentic Tarheel experience.

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An ecotourist's and naturalist's reference guide to the biological and geological highlights focuses on major hiking trails and other attractions of each national forest in twenty-one eastern states.

Readers discover firsthand what it's like to drive a race car at 165 miles per hour, raft down a whitewater river, or balloon over the coastal plain of eastern North Carolina. Features activities for all energy and adventure levels.

Who says you have to travel far from home to go on a great hike? In *Best Hikes Near Charlotte* author Jennifer Pharr Davis details the best hikes within an hour's drive of the greater Salt Lake City area perfect for the urban and suburbanite hard-pressed to find great outdoor activities close to home. Each featured hike includes detailed hike specs, a brief hike description, trailhead location, directional cues, and a detailed map.

Provides detailed directions, addresses, and telephone numbers, plus information on fees, permits, and wildlife

Provides a wealth of information on the sport of hiking, lists 387 hiking areas state-by-state, and rates the major trails according to terrain, visual beauty, and degree of difficulty.

Joe Miller brings us the first-ever stand-alone guidebook to backpacking in North Carolina, a state long known as a terrific backpacking destination. Covering 43 of the best trips the state has to offer, *Backpacking North Carolina* provides all the information necessary for beginning and experienced backpackers alike to enjoy hiking destinations

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from the mountains to the coast. Each trip description offers key maps and navigation information, including water sources and camping spots, as well as trip highlights and special considerations. Miller offers tips for enriching the experience, such as filling dark nights with stargazing and other activities, and gives advice for backpacking with children. Offering his expertise in a way that emphasizes the accessibility of backpacking, Miller encourages a wide range of nature lovers to give it a try, perhaps for the first time. Several "best-of" lists are included, featuring trips with exceptional nature study opportunities, water recreation, and easy excursions for beginners.

Backpacking North Carolina takes the reader deep into a state full of natural wonder and adventure. Backpacking North Carolina has all the essentials for planning your trip, whether a quick weekend getaway or a longer adventure: Trips for beginner and expert backpackers alike Helpful essays to introduce each trail and its features Gear and safety advice for year-round backpacking Major points of interest highlighted on each trip Family-friendly trails and easy bailouts for when hiking with children Detailed trail maps and directions to trailheads Elevation profiles for each hike Estimated hike times and level of difficulty Camping permit requirements GPS coordinates for water sources and good camping spots Bullet lists of best trips for fishing, bird watching, waterfalls, and more Southern Gateways Guide is a registered trademark of the University of North Carolina Press

Provides information on accommodations, restaurants, attractions, outdoor activities, and

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driving and walking tours in Georgia, North Carolina, and South Carolina.

Whether you camp in a tent or a recreational vehicle (RV), there are campgrounds in U.S. National Forests to satisfy the needs of most campers. The U.S. National Forest Campground Guide, Southern Region, describes 216 developed campgrounds in 33 National Forests located in 14 southern states. Most of the campgrounds were personally visited and researched by the authors of this Guide. There are more than 50 items of information for each campground, narrative descriptions (including authors' anecdotes), maps displaying the relative location of the campgrounds, and quick look-up tables to help in the selection of a campground. In addition, there are sidebars throughout the Guide containing useful information about camping, the forests, things to do, and the authors' experiences.

Best Easy Day Hikes Charlotte includes concise descriptions of the best short hikes in the area, with detailed maps of the routes. The 20 hikes in this guide are generally short, easy to follow, and guaranteed to please.

Five-Star Trails: Charlotte is a handy guide for area residents, vacationers seeking outdoor fun, and for business travelers with a free afternoon. With a diverse collection of hiking routes, the book offers choices for everyone from solo trekkers to companions to families with either youngsters or oldsters to consider. Researched, experienced, and written by a local author, the guide provides in-depth trail descriptions, directions, and commentary on what to expect along the way. Each hike features an individual trail map, elevation profile, and at-a-glance key info, helping readers quickly determine the perfect trip for them when they are ready to head out the door. Sized to fit in a pocket, the book is convenient to keep in the car or toss into a backpack. Driving directions direct hikers to the nearest trailhead parking areas, and GPS trailhead

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coordinates get them to the start of the trail.

The region's only comprehensive trail guide to cover mountain biking and hiking opportunities in the Uwharrie Lakes Region of central North Carolina.

Best Easy Day Hikes Greensboro and Winston-Salem includes concise descriptions of the best short hikes in the area, with detailed maps of the routes. The 20 hikes in this guide are generally short, easy to follow, and guaranteed to please.

Uwharrie Lakes Region Trail Guide Earthbound Sports Incorporated

My Uwharrie Trails is a companion log book to the Uwharrie Lakes Region Trail Guide - Second Edition. Hikers can record notes about their hikes in this log book and use them to help bring back memories of their hiking adventures. This log book contains small maps of each trail and prompts for recording key details about each hike.

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