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Are you interested in increasing your psychic ability? Have you always wanted to learn how to astral travel? Are you looking to attain a higher consciousness? Have you been struggling to open your Third Eye? If you answered yes to any of these questions, then this book is for you... Your Kundalini is an energy center that stays dormant and lives at the base of your spine. We all have this energy, but very few of us have learned how to awaken and use this energy. The problem with this is, many of the things that we wish we could do could all be unlocked if we took the time to awaken that energy. In Kundalini Awakening, you'll learn all about your Kundalini energy and how to awaken it... This two-in-one series includes the following 2 books: 1. Kundalini and the Chakras: Open Your Third Eye Through Self-Healing Techniques and Learn How to Balance and Unblock Your Chakras 2. Kundalini: Ultimate Guide to Awaken Your Third Eye Chakra, Develop Awareness and Spiritual Power Through Kundalini and Chakra Awakening In this book you'll learn topics such as: What your Kundalini energy is The best ways to awaken your Kundalini energy How your Third Eye Chakra can improve your life and give you psychic abilities you never imagined How to open your Third Eye Chakra How the Third Eye is connected to the pineal gland, and why it's important The changes you'll go through as you awaken your Kundalini energy What life will be like once

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you've awakened your Kundalini energy And much more! You'll also learn about: Kundalini Awakening Chakra Awakening Spiritual awareness Channeling Expand mind power Mediumship Clairvoyance Mysticism Intuition You'll also learn how to experience the spiritual benefits such as: Increased energy Clear thoughts Happy mind Peaceful soul More productive More mindful More caring More divine thinking And so much more! Chances are your soul is telling you that this is where you need to be at this very moment. Your Kundalini could already be waking up and pushing you towards total enlightenment. This book will help get you to that stage of enlightenment... Achieving this is not impossible. It will take work, and it will make big changes in your life. Things that you once believed as truths will be shattered by this awakening, but you should not let that hold you back. Ultimately, the awakening will benefit you in a vast number of ways. The universe is at your disposal, so make sure you make the most of it. With your new found intuition and abilities, you'll be able to see through all of the drama around you and experience life for what it truly is. Get this book and start your Kundalini journey today! Grab your copy of Kundalini Awakening now!

his Book Contains Proven Steps and Strategies on How to Prepare Yourself for the Results of Having an Open Third Eye. It Explains All the Elements Involved, Including What to Expect, and the Downside of the Process, and How to Deal With All Kinds of Hindrances. It Explains the Role of the Pineal Gland in Tapping Your Third Eye Chakra and What You Can Do to Activate Its Energy and Power. It Also Explains the Yoga Postures Beneficial in Opening, Activating, and Healing Your Third Eye. In This Book You'll Learn: What Is the Third Eye? How to Open Your Third Eye How to Awaken Your Higher Self Through Guided Meditation The Power and Benefits of Opening the Third Eye Gain Wisdom and Clarity From Your Divine Self

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How to Feel More Relaxed and Centered Connect You to Your Intuition The Procedure to Balance Your Chakras Help in Clearing Your Body of Negative Energy Guidance to Heal Affected Chakras and Realign Your Entire Chakra System Guided Meditation Sessions For Awakening of the Third Eye, Development of Intuition, Clairvoyance You Will Get the Simple Exercises – the Daily Meditations for Your Chakras. You Will Learn to Quickly Collect the Attention and Energy in Ajna Chakra That Will Help Step by Step Opening of the Third Eye. Do you ever feel as though there must be more to life than what you're currently experiencing? Is something important missing in your life? Do you ever desire to be more intuitive, more aware, or more in touch with yourself and the world around you? Is your life lacking something warm and vital? If any of this sounds like you and how you're currently feeling, then you're in the best place to find the answers you need... It's so easy to get trapped in the merry-go-round of life. You know there's a better life waiting for you, but you're not sure how to find it. Life should be full of more importance than the one you're currently living. You feel out of touch with the world around you, and you'd like to get back some of the warmth and love you might have known long ago. Or maybe you've never known those feelings and would like to begin to enjoy them... Open Your Third Eye is the book that you need in your life to help you reach the goals you need to achieve the life you want to live. Your Third Eye is the basis of your spiritual world and the key to opening the divine life you desire. With your Third Eye open and activated, you'll know the peace and understanding of the universe that has been missing in your life. This book will show you how to achieve that peace... In this book you'll learn: How to open your Third Eye How the Third Eye is connected to the pineal gland, and why that's important How your Third Eye Chakra can improve your life and give you psychic abilities you never imagined

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How to meditate for peace and calm How to utilize crystals and essential oils for Chakra healing How to open your consciousness to guidance from divine beings How to let go of your ego to allow your spirit to soar And much more... You'll also be able to experience things such as: ESP Psychic sense and abilities Mediumistic channeling Traveling on astral planes Telepathic awareness Expand mind power Intuition And so much more! Opening your Third Eye takes time and attention, and there may be some fear along the way. You'll need to allow yourself to let go of your ego, that part of you that holds onto old beliefs and ideals that might be holding you back. When you can admit that these things are preventing you from living the life you want to live, you'll be ready for the spiritual enlightenment that comes with an open Third Eye... You'll know the ability to communicate with those beings from other astral planes. You'll see how to control your dreams so that you can experience out of body travel to other astral planes. You'll attain the ability to know and see your guardian angels and other spirit guides on earth and learn how important they are to your health and well-being. And you'll see that an open Third Eye will relieve your fears about life after death and how your spirit can go on after the body has gone... All of this and more will enable you to open your Third Eye and achieve all of the goals and dreams you've kept buried all these years. You'll know true peace and self-realization. Begin the journey to your new life today! Grab your copy of Open Your Third Eye now!

Are you looking for a powerful guide to awake your Inner Energies and Improve your Spiritual Practices? Do you feel the need to meditate and to be spiritually reborn? This travel will take you to discover hidden powers locked inside you and teach you techniques to release them! You will have at your disposal a complete and powerful guide to spiritual self-healing. Spiritual

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Awakening box set Includes following 4 Books: Chakra Awakening: Guided Meditation To Awaken Your 7 Chakras, Third Eye Chakra, Attain Psychic Awareness & Clairvoyance. Enhance Intuition, Mind Power & Heal Your Body To Achieve Spiritual Healing. Third Eye Awakening: How To Awaken Your Third Eye Chakra, Increase Mind Power, Empath, Psychic Abilities, Intuition & Awareness Using Chakra Meditation & Self Healing. Kundalini Awakening: Awaken Kundalini Energy, Improve Psychic Abilities, Intuition, Higher Consciousness, Third Eye. Expand Mind Power, Heal Your Body Through Kundalini Yoga & Chakra Meditation. Kundalini Awakening: Guided Meditation To Develop Emotional Intelligence, Psychic Abilities, Awareness, Intuition, Awaken Third Eye Chakra & Chakra For Beginners. Activate Breathing & Healing Body In this bundle you will learn what Chakras are, how we discovered their existence and who has them and can heal them. You will find everything you need to know about secret way to perform mind and body balancing practices. You'll know how to awaken the Third Eye which is associated with Spirituality and understanding of Spiritual Things. Many people mistake this for being religious, although one can be religious without being Spiritual. When the Third Eye is opened, it changes your life and your perspective of things and you have this feeling of inner wellbeing that you may never have otherwise experienced. It's almost akin to the opening of a door to understanding. You will get all the tools you need to practice Kundalini Yoga and awaken Kundalini energy. Kundalini yoga, which works not only to awaken the dormant serpent energy but also to retain the balance of these energy systems, is a synthesis of several yoga practices and focus on breath, postures, and guided meditations to engage the primal life-force within. The topics of this box set are treated in depth, the change in your spiritual life is contained in this meditation path that only this book can give you. Are

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you ready to discover this exciting spiritual world? You will discover things about yourself that you have never known... Begin today this journey to discover your spirituality and make your life better and more balanced with the Spiritual Awakening. Scroll up, click on "Buy Now with 1-Click" and Get Your Copy Now!

As more people embark on their spiritual journeys, many are becoming curious about the process of awakening their third eye chakra. The third eye is considered to be a spiritual "eye" located in the center of the forehead and is responsible for helping facilitate the mind-body connection. Although it has religious roots, the modern evolution of the third eye has involved in becoming a common practice for those who are embarking on a spiritual journey to their inner self. You are not required to hold any particular beliefs or religious status to awaken your third eye. The process of awakening your third eye is highly unique to you as an individual. However, there are general experiences that can help facilitate the awakening, and help you manage it. Although the individual experiences may be unique to you, the general process tends to be fairly similar for most people. Chakra Awakening: 7 Techniques to Open Your Third Eye Chakra: Guided Meditation for Spiritual Healing and Spiritual Growth was written to help you embark on your own journey to awakening your third eye. You will learn about the third eye, why you would want to awaken it, and exactly how you can do so with the help of seven different meditative exercises. You will also learn how to tap into your natural psychic abilities, hone your skills, and lead a more spiritually aligned life where your mind-body connection is whole and nurtured. This book honors your unique experience while also guiding you on how to facilitate a successful awakening. What you'll learn in this book: What is Chakra Healing? What is your Third Eye? How to Open and Activate your Third Eye Meditations for The Third

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Eye Chakra Balancing the Chakra Forces Spiritual Connections Healing your Third Eye How to Increase your Clairvoyant Power Psychic Awareness Mistakes to Avoid Divine Presence And so much more... This book will change your life and free yourself from negative energies. NOW is the time to make a change and live a happier life! --- Get your copy of Chakra Awakening today! --- ---- Tags: chakras, chakra for beginners, chakra healing, chakra awakening, energy healing, energy techniques, energy psychology, guided imagery, reiki healing, mind control, mind's eye, astral travel, prescience, expanded creativity, pineal gland, tantric, divine knowledge, inner eye, insight, increase energy, healing your grieving heart, healing your emotional self, heal your body, heal your life, heal your mind, clairvoyance, vibration, find inner peace, clear your mind, cleanse your body, middle eye of shiva, kundalini, prana, hindu, kundalini, baha'i, confucianism, gaia, i ching, jainism, mysticism, mindfulness meditation, stress management, anxiety and depression, zen, hypnosis, hypnotherapy, how to find peace, how to be happy, how to find happiness, how to find yourself, tranquility, calmness, calming, spiritualism, spirituality, spiritual healing, spiritual growth, spiritual cleansing, spiritual awakening

Would you like to understand the deeper nature of your mind and become more conscious of your true essence? Are you curious about the third eye, but don't know where to get started? Do you want to deepen your faith and change your mindset? Do you want to gain psychological skills and connect with your intuition? Do you want to awaken your psychic powers and find balance of mind, body and spirit? If you answered YES to any of these questions, this book is for you. What does opening our Third Eye Chakra mean? Why would anyone want to develop the skills associated with an active Third Eye? Is there anything wrong

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with the way we perceive the world right now? Considered the key to the inner realms of consciousness, the Third Eye is a trainable chakra that is capable of allowing individuals to tap into cognitive functions that can supersede common logic. You may have learned of the advantages of awakening the third eye, but what does it actually take to get your path towards enlightenment started? This guide is intended to walk you from start to finish through the entire process, so you can link to your chakras to understand your full potential and enjoy the benefits of regular meditation practice. Although not everyone gets the chance to unlock their Third Eye because the knowledge of their influence remains unknown to most people, learning to take the right steps to fine-tune the Third Eye's abilities will open the door to a new world of spiritual possibilities. You will never open the secret to your third-eye chakra by merely plopping down on a mat and pretending to meditate on it. You will make sure, with this helpful guide, that you understand exactly what you are looking for and how to know it when you see it. You will also have access to all the tools and techniques that help you achieve success. No more feeling lost in your classes of yoga because you are not connected to the chakra of the third eye. No more getting annoyed with mediation devices that don't promote long-term participation. However, most notably, no longer feeling stressed, exhausted, or distracted simply because no one has explained clearly what it takes to wake up the chakra of the third eye. With this book, you'll learn how to become your own mentor for meditation in the third eye. You have the strength inside you, so why not unlock it by communicating with your chakra in the third eye? What you will find in this book; What exactly is the Third Eye and its fascinating History Why you should activate the Third Eye and the benefits associated with It How to know if your Third Eye is blocked A great variety of Techniques, Exercises and Meditations to

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practically activate and heal the Third Eye How to use the power of the Third Eye to Heal and balance Mind and Body Increasing the efficiency of your Third Eye through clairvoyance How to become a Psychic Medium Know the function of the Pineal Gland and the close relationship with the Third Eye Using yoga, crystals and essential oils to enhance the power and balance energies Clear your body of negative energy Connect to your Higher Self, Develop Intuitive and Mental Power and much More... If you are ready to reap the benefits of balance, clarity and inner strength, look no further. Choose this wonderful guide to the fascinating and enlightening world of Third Eye Awakening. Scroll to the top of the page and select the BUY NOW button

The third eye chakra pertains to the concept of 'seeing', especially in a psychic and spiritual sense. Having a strong third eye chakra allows you to use your enhanced inner guidance that comes from more powerful intuitive abilities. You are about to discover: -What is the Third Eye -How the Third Eye Works -The Third Eye Benefits -What Happens When you Open your Third Eye -The Experience of Meditation to open the Third Eye -The importance of Mindfulness in the Third Eye -The Care you Need to take of your Chakras -The Secrets of Third Eye Activation -And much more!

Reiki is an alternative healing technique that does not rely on anything pharmaceutical whatsoever. In fact, it does not even rely that much on physical contact whatsoever. This technique uses the energy emitted by the human body. This technique is used to place some of the practitioners energy to clear the patient's ki pathways, which are the reasons why the person's body cannot heal itself. Once the ki pathways are cleared, the body can then start regenerating and healing itself from whatever it is that ails them. In this book, you will learn

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about: - The meaning of crystal healing in pineal gland activation - The benefits crystal healing offers - Different types of crystals - Chakras and crystal healing - The significance of colors and crystals - Balancing your chakras and aura - Crystal healing techniques You wont believe all the amazing ways your life will change once you learn how to open your third eye and decalcify your pineal gland. All of us have the potential to acquire this power, we just need to learn how to activate it and then harness it. And today is the day you discover the key to achieving this powerful new state of consciousness and spiritual realms.

Make Your Third Eye's Perception Clear and More Tangible! Are you curious about the third eye, but don't know where to start? Would you like to expand your spirituality and improve your quality of mind? Would you like to gain psychic abilities and connect to your intuition? If you've answered yes to any of these questions - this book is for you. Developing the third eye is one of the best ways to expand your conscious world. It is the brain's geometric center. It is where you can sense other people's emotions. Some people think the third eye is just a myth, a "woo-woo" thing that spiritual people are obsessed with, without any concrete evidence. They couldn't be further from the truth. But in order to grasp the third eye, to truly understand it...you must learn about it, and experience it first hand. In this profound audiobook, you will discover how to open your third eye, expand your conscious awareness, and tap into the secret power of your consciousness! Here are just a few of the benefits you can expect from this book: Unlock your third eye by developing psychic abilities Increase your ability to discover secret passions Learn things that you never thought you could do and transform your

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life Gain a greater understanding of both the physical and spiritual world around you by seeing more than you were able to see originally Practice the techniques in this book and open yourself to new opportunities. All of the exercises in the book will help you raise your awareness and get closer to enlightenment. You don't see through the eye and the heart, you see through the eye from the heart. Start exploring the third eye now!

Third Eye Awakening is your one-stop definitive guide to giving you a complete and better understanding of the seven chakras, of third eye awakening, astral travel, meditation techniques, and psychic abilities. In practicing the guided meditations provided within this book, you'll be several steps closer to aligning your chakra system, relaxing your body and mind, and having a greater understanding and appreciation for psychic awareness and achieving higher consciousness. I hope that you are able to utilize this knowledge and these provided practices in order to achieve greater health and wellness for both your body and mind, as well as learning to master the ability to open your third eye... This five-in-one series includes the following 5 books: 1. THIRD EYE AWAKENING FOR BEGINNERS: 10 Steps to Activate and Decalcify Your Pineal Gland, Open the Third Eye Chakra, and Increase Mind Power Through Guided Meditation (Book 1) 2. THIRD EYE AWAKENING: 10 Techniques to Open the Third Eye Chakra (Book 2) 3. THIRD EYE AWAKENING MASTERY: 7 Techniques to Open the Third Eye Chakra, Activate and Decalcify Your Pineal Gland (Book 3) 4. REIKI FOR

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**BEGINNERS:** Guided Meditation to Increase Energy, Reduce Stress, and Improve Your Health with Reiki Healing (Book 4) 5. **CHAKRA AWAKENING:** 7 Techniques to Open Your Third Eye Chakra: Guided Meditation for Spiritual Healing and Spiritual Growth (Book 5) In this book you'll learn: What is the Third Eye? How to awaken your Third Eye Awaken your higher self through guided meditation Trusting your intuition Heal your mind and body through energy healing Chakra awakening and meditation Heal affected chakras and realign your entire chakra system Reenergize your body and mind Train your mind to invest in positive thoughts Lower stress levels and reduce anxiety Clear your body of negative energy Use the power of your mind to heal from within Gain wisdom and clarity from your divine self And so much more! This book will change your life and free yourself from negative energies. NOW is the time to make a change and live a happier life! Grab your copy of Third Eye Awakening now!

**FAST AND EFFECTIVE TECHNIQUES TO OPEN YOUR THIRD EYE, ACTIVATE YOUR PINEAL GLAND AND REACH HIGHER LEVELS OF CONSCIOUSNESS** Do you want to enter into incredible inner and outer realms? Would you like to explore your spiritual senses and experience true spiritual awakening? Download this book and learn amazing and proven techniques to do all that and more You wont believe all the amazing ways your life will change once you learn how to open your third eye and decalcify your pineal gland. All of us have the potential to acquire this power, we just need to learn how to activate it and then harness it. And today is the day you discover

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the key to achieving this powerful new state of consciousness and spiritual realms. Here Is A Preview Of What You Will Learn.. The fascinating history of the Third Eye How to use various meditation techniques to open your Third Eye Third Eye Visualization Techniques How to use crystals and gemstones to open your Third Eye chakra What herbs and foods to consume to heal and activate your pineal gland How to decalcify your Pineal Gland How to tell if your third eye is open How to use essential oils to activate your Third Eye Much, much more!

55% OFF for bookstores! Now at \$ 26.95 instead of \$ 35.95? Do you want to heal your body, mind and soul by opening Third Eye and feel better? Then this book is for you? ?Did you know that you have a third eye?? Are you aware of its benefits? Well, it is an eye that is related to religious visions. It is said to have the capability to observe the chakras as well as the auras and also the precognition which happens through the experiences that happen out of the body. Third Eye Activation is not an impossible task. In fact, it could be easier than you think. It isn't an eye to acquire. You have it inside you, and it has always been active to some extent. Studies suggest you can make your pineal gland, the physical location of your third eye, active and healthy by following the right technique. Third Eye Awakening is not only about the third eye, however. In this book you will find information on ALL the various aspects and techniques that circle around Spiritual Healing, including the awakening, opening, and activation of your third eye chakra. In this book you will learn: ?What is the Third Eye? ?How to awaken your

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Third Eye ?The fundamental truths of the Third Eye chakra ?Key characteristics of the Third Eye chakra ?How to know if your Third Eye is blocked ?Steps to heal your Third Eye chakra ?Clear your body of negative energy ?Reenergize your body and mind ?Train your mind to invest in positive thoughts ?Heal your mind and body through energy healing And much, more! With practice, dedication, and a desire to improve your spiritual wellness, it is possible to reap the benefits of an active Third Eye. So, if you're wondering what lies beyond your cognition, if you want to improve your intuition and tap into reason greater than logic, and if you want to see the world through new perspectives, then come along as I guide you on this journey through the wonderful, peculiar, and dazzling world beyond the gateway of consciousness. ??Buy this book NOW and change your life with the power of your Third Eye. ??

Learn the Secrets to Open Your Third Eye and How to Balance Your Chakra Are you curious to know how to awake yours and which are the benefits? Do you want to discover the hidden benefits of third eye awakening? If so, then keep reading! Hello! Welcome to "THIRD EYE AWAKENING". Third eyes that are awakened give us psychic abilities that are very remarkable. You will discover a lot of potential that are lying within you and the universe. This book has expounded much about the third eye chakra and its relation to the pineal gland. Awakening your third eye refers to opening yourself up to the psychic world, and allowing your mind to receive psychic information! This book will show you how to ?w?k?n the third ??? and ?x??r??n?? higher consciousness and

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of enlightenment. This book contains helpful information about third eye (inner eye) awakening, what it is, and how to do it. This book will provide you the steps and strategies required to successfully awaken your third eye. This book contains proven steps and strategies on how to prepare yourself for the results of having an open third eye. If you open your third eye, it will make you experience extraordinary energy and ability to do things. This book will give you everything needed for a Third Eye Awakening! It is the ultimate guide to kick start your Third Eye Chakra using methods that are proven and effective! Here's what makes this book special:

- Introduction & Meaning of Meditation History & Types of Meditation Advantages & Disadvantages of Meditation Meaning of Third Eye The Way Health & Diet Effects Third Eye Awakening The way the chakras relate to our own lives Awakening Psychic Skill and Mystical Experiences Psychic Abilities Through Spiritual and Energy Healing Much, much more!

This book is different from others because in this book: You will learn about the ways to cultivate stillness You will learn about scientific perspective into the third eye You will learn about breathing exercise to open the third eye This book covers the topic of third eye awakening and will teach you to unlock and develop your psychic abilities. So what are you waiting for? Scroll up, click the Buy Now button and change your life by learning about Third Eye Awakening!

**THIRD EYE AWAKENING** The third eye is something that all of us possess. It is mentioned in various religions and ancient traditions, stating that it is one of the steps to

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reaching enlightenment. However, for a vast majority of people, it lies dormant to never truly reach its full potential. For the few that discover their third eye, newfound spiritual clarity and an array of abilities open to them. There are accounts of these individuals to having spiritual experiences, where they may have an out of body experience, have a heightened sense of mental clarity, and in certain cases, develop psychic abilities This book will clearly further explain to you exactly what the third eye is and what possibilities that lie ahead once awakened. You will soon discover the essential guide to opening your third eye and greatly develop new found spiritual abilities. Here Is What You'll Learn: - What Is the Third Eye - Why You Need to Awaken Your Third Eye - How to Awaken Your Third Eye - Essential Techniques for Maintaining an Open Third Eye - Developing Psychic Abilities - And Much More! Begin The Journey To Awaken Your Third Eye Today, And Discover What Endless Possibilities Await You! Buy This Essential Guide Now!

Third Eye Awakening: Ultimate Beginner's Guide to Open Your Third Eye Chakra is your one-stop guide to awakening your third eye and learning how to open it. You have chakras all throughout your body, and they are intricately tied to your health, energy, and soul. In this guide, the main focus will be on your third eye chakra. The source of your intuition and your psychic gifts rests within your third eye. Located between your eyebrows, it can be opened with different methods which are detailed throughout this book. Through various meditation exercises (some as short as 5 minutes, others

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approximately 20 to 30 minutes), you can activate your third eye with some very simple techniques. This book includes detailed visualization techniques, with quotes to inspire you, along with healthy ways to improve every part of your mind, body, and spirit. All of these techniques can be used to help you open your third eye chakra yourself, without any formal training. You will learn how every part of you is connected, and how a holistic approach to health and healing can change your life for the better. This book will teach you ways to ground yourself and how to spiritually protect yourself from picking up on other people's energy. You will learn about lucid dreaming, mental clarity and how to achieve mindfulness. You are full of untapped potential, and you will find this potential inside this book. There are small, easy changes you can make every day that will have a great impact on your life and your overall health. Most of these changes don't cost a thing except for your time. While this book teaches you to concentrate on your third eye chakra and ways you can open this energy center for enhanced psychic abilities, you can use this as an overall wellness guide to better health and happiness. Enjoy! In this book you'll learn: What is the Third Eye What Are The Psychic Abilities How To Awaken The Third Eye How the Third Eye Works Methods For Psychic Development The Third Eye Benefits How to Activate and Decalcify your Pineal Gland How To Keep your Pineal Gland Healthy What Happens When you Open your Third Eye Heal your Mind and Body through Energy Healing Use Chakra Meditation for Spiritual Healing Heal Affected Chakras and Realign your Entire Chakra System Clear

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your Body of Negative Energy Use the Power of Your Mind to Heal from Within Trusting your Intuition And so much more! This book will free yourself from negative energies and change your life for the better. Now is the time to make a change and live a happier life! --- Get your copy of Third Eye Awakening today! --- ---- Tags: chakras, chakra for beginners, chakra healing, chakra awakening, energy healing, energy techniques, energy psychology, guided imagery, reiki healing, mind control, mind's eye, astral travel, prescience, expanded creativity, pineal gland, tantric, divine knowledge, inner eye, insight, increase energy, healing your grieving heart, healing your emotional self, heal your body, heal your life, heal your mind, clairvoyance, vibration, find inner peace, clear your mind, cleanse your body, middle eye of shiva, kundalini, prana, hindu, kundalini, baha'i, confucianism, gaia, i ching, jainism, mysticism, mindfulness meditation, stress management, anxiety and depression, zen, hypnosis, hypnotherapy, how to find peace, tranquility, calmness, calming, spiritualism, spirituality, spiritual healing, spiritual growth, spiritual cleansing, spiritual awakening

??55%OFF for Bookstores!! NOW at \$35,95 instead of \$45,95!?? If you're looking to gain higher consciousness, razor-sharp intuition, unlock your psychic abilities, better your concentration, and manifest the life you've always wanted through awakening your third eye, then keep reading... You Are About To Discover How To Awaken Your Third Eye So As To Open Yourself To A New Realm of possibilities, including Clairvoyance, Psychic Visions, Higher Consciousness And Much More! Do you feel you have a part of

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you that is not yet fully unlocked yet it is lying idle and waiting to be unleashed and you feel this part of your life could be a doorway to higher levels of consciousness, better mental clarity, better intuition, better connection to the spiritual realm and even psychic abilities you never thought you had? Have you tried everything you can to unlock this aspect of your life but nothing you've tried seems to work and are sick and tired of it? And do you finally want to say goodbye to the feeling that there is more out there that's waiting for you to explore yet you haven't unlocked any of it and discover an approach that actually works in getting you to tap into these unexplored faculties? If so, then you've come to the right place. Since time immemorial, people have been using the third eye as a powerful entity that acts as the gateway between the physical and nonphysical/mystical world. Therefore, being able to awaken your third eye can help you tap into great and mystical powers that you never knew existed. When awakened, the third eye allows you to explore the non-physical world to unlock its full potential with confidence. So probably you're interested in learning more about how to activate your third eye but are wondering... What is the significance of opening your third eye chakra? Are there side effects or dangers of opening your third eye? If opening your third eye means tapping into positive energy, what about dealing with the negative energy you might find? How long will it take to awaken the third eye? And which are some of the tools or strategies to help you heal or awaken your third eye chakra? If you have these and other related questions, this book will prove extremely valuable! Inside,

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you'll find: The basics of the third eye, including what is all about, why it needs awakening and how to open/awaken it Guided meditation for third eye opening and how to balance your chakras The ins and outs of chakra meditation and mindfulness meditation and how to use them to help you attain your true self How to discover your higher self and even achieve astral travel How to awaken your divine self and intuitive problem solving The difference between active and passive meditation How to defend yourself from negative energy and increase your psychic awareness Easiest and quickest meditation techniques Ways to clear out your energy fields and quiet your inner negative voice And much more! Take a moment and imagine how you'd feel once you get to see the world in a new perspective by activating your subconscious, psychic abilities and that greater sense of self that guides your wisdom, intuition and decisions. It would be great, right? Don't wait any longer! Scroll up and click Buy Now With 1-Click or Buy Now to get started!

This book contains proven steps and strategies on how to prepare yourself for the results of having an open third eye and crystal healing. It explains all the elements involved, including what to expect, and the downside of the process, and how to deal with all kinds of hindrances. It explains the role of the pineal gland in tapping your third eye chakra and what you can do to activate its energy and power. It also explains the yoga postures beneficial in opening, activating, and healing your third eye. It is important that you know what you are up to in order to understand things better, see

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visions clearly, and never get afraid or discouraged in the process. Also, you will be provided with the basics--including interesting historical points referencing the existence of the Akashic Records as a very real thing and not just a metaphor that embodies the idea of divine knowledge. I will talk you through what it is and what purpose it serves. We will also discuss how you can develop access to it through meditation and all the different ways you can benefit from the information you'll be receiving.

The third eye (also called the mind's eye or inner eye) is a mystical and esoteric concept of a speculative invisible eye, usually depicted as located on the forehead, which provides perception beyond ordinary sight. The power of the third eye is of great abundance, with abilities to widen your knowledge. When your third eye is open, you'll experience clear insight, open-mindedness, intellectual balance, and a strong connection to your intuition or inner wisdom. However, if your third eye is blocked or constricted, you'll struggle with narrow-mindedness, overthinking, insomnia, suffocating beliefs, lack of purpose, depression, and an inability to attach together with your Soul. This book supports you in learning to take the right steps towards honing the powers of your Third Eye can open the door to a new world of spiritual possibilities. In this comprehensive guide you will be able to discover: The fundamental truths of the Third Eye chakra Key characteristics of the Third Eye chakra The advantages of an awakened Third Eye How to know if your Third Eye is blocked Methods for chakra healing Steps to heal your Third Eye chakra Tools and resources for healing the Third

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Eye And much, more! Buy this book NOW and change your life with the power of your Third Eye.

??55%OFF for Bookstores!! NOW at \$23,95 instead of \$37,97!?? If you're looking to gain higher consciousness, razor-sharp intuition, unlock your psychic abilities, better your concentration, and manifest the life you've always wanted through awakening your third eye, then keep reading... You Are About To Discover How To Awaken Your Third Eye So As To Open Yourself To A New Realm of possibilities, including Clairvoyance, Psychic Visions, Higher Consciousness And Much More! Do you feel you have a part of you that is not yet fully unlocked yet it is lying idle and waiting to be unleashed and you feel this part of your life could be a doorway to higher levels of consciousness, better mental clarity, better intuition, better connection to the spiritual realm and even psychic abilities you never thought you had? Have you tried everything you can to unlock this aspect of your life but nothing you've tried seems to work and are sick and tired of it? And do you finally want to say goodbye to the feeling that there is more out there that's waiting for you to explore yet you haven't unlocked any of it and discover an approach that actually works in getting you to tap into these unexplored faculties? If so, then you've come to the right place. Since time immemorial, people have been using the third eye as a powerful entity that acts as the gateway between the physical and nonphysical/mystical world. Therefore, being able to awaken your third eye can help you tap into great and mystical powers that you never knew existed. When awakened,

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the third eye allows you to explore the non-physical world to unlock its full potential with confidence. So probably you're interested in learning more about how to activate your third eye but are wondering... What is the significance of opening your third eye chakra? Are there side effects or dangers of opening your third eye? If opening your third eye means tapping into positive energy, what about dealing with the negative energy you might find? How long will it take to awaken the third eye? And which are some of the tools or strategies to help you heal or awaken your third eye chakra? If you have these and other related questions, this book will prove extremely valuable! Inside, you'll find: The basics of the third eye, including what is all about, why it needs awakening and how to open/awaken it Guided meditation for third eye opening and how to balance your chakras The ins and outs of chakra meditation and mindfulness meditation and how to use them to help you attain your true self How to discover your higher self and even achieve astral travel How to awaken your divine self and intuitive problem solving The difference between active and passive meditation How to defend yourself from negative energy and increase your psychic awareness Easiest and quickest meditation techniques Ways to clear out your energy fields and quiet your inner negative voice And much more! Take a moment and imagine how you'd feel once you get to see the world in a new perspective by activating your subconscious, psychic abilities and that greater sense of self that guides your wisdom, intuition and decisions. It would be great, right? Don't wait any longer! Scroll up and click Buy Now With 1-Click

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or Buy Now to get started!

The third eye is essentially a 'hidden' eye, said to be situated between your brows. It makes mention is several religions and spiritual traditions, and is said to possess certain powers. These powers allow people to have psychic-type experiences, where they may connect with a spiritual entity, communicate with a spirit guide, have some sort of out of body experience, or experience a range of other unusual occurrences. This book will explain to you exactly what the third eye is according to a range of different beliefs, and what kinds of powers it can unlock. You will soon discover a step-by-step process for how to open your third eye, and greatly develop your psychic abilities! Here Is What You'll Learn About... What Is The Third Eye What Are The Psychic Abilities Signs That you Have Psychic Abilities Methods For Psychic Development How To Awaken The Third Eye How To Keep your Pineal Gland Healthy The Chakras & The Third Eye Much, Much More!

This book goes into detail giving you methods that have worked and that will help you toward being able to open the Third Eye and understand its significance. There are many versions of what happens when you do and it's no wonder that people get confused about it. Following my own experience, I thought that the best way of addressing these differences was to add my own take on how to open the Third Eye and let you, the reader, benefit from my experience as this may also align with your activities and your beliefs and that seems to be important. An event such as opening

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your Third Eye Chakra is something you will know has happened. You will know because your intuition will never have felt so strong, you will instantly trust it and not question what you are told. You are about to discover: What is the Third Eye How the Third Eye Works The Third Eye Benefits What Happens When you Open your Third Eye The Experience of Meditation to open the Third Eye The importance of Mindfulness in the Third Eye The Care you Need to take of your Chakras The Secrets of Third Eye Activation And much more! Download your copy NOW! Click the buy button!

The third eye refers to the gate that leads to the inner realms and spaces of higher consciousness. In New Age spirituality, the third eye often symbolizes a state of enlightenment or the evocation of mental images having deeply personal spiritual or psychological significance. The third eye chakra is the centre to your psychic abilities and intuition. It holds powers that people never thought were possible or available to them. The third eye and the pineal gland are essentially the same things and the power of both lie dormant, in most people, for all of their lives. There are many simple techniques that can help to open a dormant third eye. In this book you'll learn: -What is the Third Eye?-How to awaken your Third Eye-Connecting with your higher self-Intuition

Third Eye Awakening Grab this GREAT physical book now at a limited time discounted price! The third eye is said to be the part of the body responsible for psychic ability! This book explains the third eye, and shows you how you can awaken it to unlock the

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psychic abilities that each of us possess! You will discover what the Third eye is, and theories behind it, such as its connection with the Pineal Gland. You will also learn about the different abilities it can be used to unlock, including clairvoyance, astral projection, telepathy and more! Once you have learned to unlock your third eye, this guide will also explain to you how to use it effectively! You will learn steps for getting yourself into the right state for using your third eye, and how to do so quickly! Order today to unlock the powers of your third eye! Here Is What You'll Learn About... What is the Third Eye What is the Third Eye Responsible For What Science Has to Say About the Third Eye Brainwaves Necessary For Using Your Third Eye How to Awaken Your Third Eye Much, Much More! Order your copy of this fantastic book today! This book contains proven steps and strategies on how to prepare yourself for the results of having an open third eye. It explains all the elements involved, including what to expect, and the downside of the process, and how to deal with all kinds of hindrances. It explains the role of the pineal gland in tapping your third eye chakra and what you can do to activate its energy and power. It also explains the yoga postures beneficial in opening, activating, and healing your third eye. It is important that you know what you are up to in order to understand things better, see visions clearly, and never get afraid or discouraged in the process. This book also contains proven steps and strategies on how to use

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Reiki to bring balance to your system so your body can heal itself more efficiently. Are you looking for an alternative way of getting healthier? A method that hopefully does not involve any kind of drugs or medication because you are worried about the negative side effects that they bring. Worry no more, there is a not-so-new method of natural healing that has been practiced for hundreds of years in the East, and is now available in the Western hemisphere. Now, even Americans can receive the many benefits of the ancient Japanese practice called Reiki. Reiki is an alternative healing technique that does not rely on anything pharmaceutical whatsoever. In fact, it does not even rely that much on physical contact whatsoever. This technique uses the energy emitted by the human body. This technique is used to place some of the practitioners energy to clear the patient's ki pathways, which are the reasons why the person's body cannot heal itself. Once the ki pathways are cleared, the body can then start regenerating and healing itself from whatever it is that ails them. You will learn more about Reiki when you continue reading this book, like the different forms of Reiki, and the various ailments that it can cure. And you will also learn how to do very basic reiki healing techniques on your own, you will learn how to heal yourself whenever you feel under the weather.

Third Eye Awakening is your #1 guide to opening your third eye chakra by

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balancing your body's naturally occurring energy cycles through guided meditation. In this book you will learn about the Seven Chakras: the seven chakras are a part of our consciousness, and learning how to open or awaken these chakras can help us to connect to our subconscious mind. The last chapter of this book, chapter eleven, offers a guided meditation session to help strengthen each of the individual seven chakras as well as a guided meditation session to tune in to all seven and align them with each other simultaneously... Third Eye Awakening will teach you a greater understanding of the seven chakras, third eye chakra, astral travel, meditation techniques, psychic abilities and more... In practicing the guided meditations provided within this book, you should be several steps closer to aligning your chakra system, relaxing your body and mind, and having a greater appreciation for psychic awareness. This book will teach you how to be able to utilize this knowledge and these provided practices in order to achieve greater health and wellness for both your body and mind... In this book you'll learn: What is the Third Eye? How to awaken your Third Eye How to heal your mind and body through energy healing Awaken your higher self through guided meditation Reiki healing and meditation Heal affected chakras and realign your entire chakra system The Seven Chakras Reenergize your body and mind Train your mind to invest in positive thoughts Trusting your

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intuition And so much more! This book will change your life and free yourself from negative energies. NOW is the time to make a change and live a happier life!

Grab your copy of Third Eye Awakening now!

The third eye is not some mystical discovery that has happened in the past few decades. If you look into the history and practices of various cultures and religions around the world, there is mention of the third eye. Under the Taoist way of living, for example, there is an emphasis on connecting with oneself spiritually by opening the third eye. The Christian Bible also mentions the third eye-but it recommends and even condemns trying to open it. While the intentions and 'goodness' of the third eye are disputed, this makes it clear at the very least that it is a real, studied thing. The third eye that is spoken of in religions, cultures, and meditative practices is the pineal gland. Symbolically, the third eye is a single eye that exists on the forehead. It is positioned between the two eyebrows. It is said that by creating the connection between the third eye and the mind, we connect with our inner selves and the outside world. One of the earliest references to the third eye in the Bible is in Matthew 6:22, where it is said 'If thine eye is single the whole body shall be full of light'. Though this comes across as positive, the text further goes on to discuss the connection to the third eye as having the potential to be one of light or darkness, depending on if the intentions of the eye opener

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are good or evil. However, later in the Bible, passages in Leviticus, Chronicles, Romans, John, and Ephesians go against this idea that the third eye may be good or evil. It is even said that those who practice acts of the third eye like fortune telling and the like should be punished by death, as well as those who have chosen to associate with them. Eventually, the earlier support for the third eye is explained-the third eye or sixth sense that is spoken of is a connection to the Holy Spirit, and it is this spirit that should be used for guidance. This taking in of the Holy Spirit should be so much that it fills, which keeps out the evil spirits because there is no room for them. It is common to hear the third eye referred to as a chakra, with it being one of seven that are found at various points in the body. These chakras align with the unified field theory and ideas presented in quantum physics-that humans are not single entities but instead made up of atoms and molecules that have aggregated together. Each 'human' entity is just a physical body that has been assigned to contain the seven chakras. The chakras explain different energy centers found in the body, each of them with its own location and 'color'. Many cultures believe that the flow of energy is important to health-that is why treatments which align 'qi' or energy like Reiki and acupuncture are used to treat some conditions, according to traditional medicine practices. It has been used for high blood pressure, pain in the joints, back, or anywhere else,

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migraines, and more. In this book, you will learn more about: How to open your third eye Healing mind and body through meditation The ways to protect yourself during third eye activation Chakras yoga Experiences after the opening of the third eye The powers of an open third eye Using crystals, oils, plants, and other tools for chakra healing Setting the environment for third eye meditation Other practical advice for opening the third eye Balancing chakras Finding happiness through your spirit Interacting with the third eye Meditation and the third eye ... AND MORE! What are you waiting for? Click buy now!

Have you ever acted on a hunch and achieved great results? Have you ever not followed an instinct to do something, and then regretted it later? Have you ever done something and achieved great success, only to later realize that you have no idea why you did this? Have you ever said to yourself, "If only I had trusted my intuition."? If yes, you know what the third eye is all about. Your third eye is the center of your intuition. This is where you get hints about what is right and what is wrong. "I don't know why, but I just don't trust that guy"; statements like these indicate that your third eye is telling you something that you wouldn't know otherwise. It is telling you not to trust a person. It is trying to protect you from hurt, pain, and loss. Ignore it and you find yourself regretting that decision. "I should have trusted my instinct and not trusted that guy." Yes, your third eye

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warns you that something is amiss. Your third eye encourages you to take that step because it knows that it is going to make your life better and happier. Your third eye knows it all, even if you don't know yourself. But that's not all; you can further develop your third eye and refine your intuitive skills. You can learn to listen to what your inner self is telling you. You can learn to trust your third eye and follow its indications with confidence. This is the purpose of this short book. Its purpose is to introduce you to the concept of third eye. It intends to introduce you to the power of your intuition. The book intends to let you know about the concept of the third eye and how it developed through history. It intends to make you realize the benefits you can achieve through developing your intuition and psychic abilities. It intends to teach a few simple techniques that you can use yourself to develop your third eye and bring about a drastic and positive change in your life. So, are you ready to get started on this journey? Let's begin by learning about how the concept of third eye developed through history. Did you know that there is an energy center in your body that can enhance your focus, concentration, and also bring up intuitive abilities? You must have heard many spiritual people talk about their third eye and their experiences with it. When the ancient yogis devised the chakra system, they were envisioning a uniquely holistic approach to the problem of unleashing the human potential.

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Thanks to the modern man's penchant for easily digestible information, this system has been chopped up and split into several, easily-marketable ideas. In the same vein, the system has lost most of its credibility due to "unscientific" claims and a lack of evidence for the same. This book seeks to remedy all these problems and to introduce the reader to the concept of opening one's third eye in the way it should be - holistic, safe, efficient, and most of all, realistic!

This book contains proven steps and strategies on how to prepare yourself for the results of having an open third eye. It explains all the elements involved, including what to expect, and the downside of the process, and how to deal with all kinds of hindrances. It explains the role of the pineal gland in tapping your third eye chakra and what you can do to activate its energy and power. It also explains the yoga postures beneficial in opening, activating, and healing your third eye. It is important that you know what you are up to in order to understand things better, see visions clearly, and never get afraid or discouraged in the process. It also outlines the significant benefits that you get when you go on a dry fast and mindfulness meditation. It highlights how dry fasting can help you make considerable changes - lose weight, strengthen immunity, think with clarity, prevent serious health conditions like hypertension, diabetes, and heart failure, among others, feel energized, and stay, look, and feel young, if you make dry

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fasting a regular part of your lifestyle. More importantly, this book contains proven steps and strategies on how to do an effective dry fast. It gives you helpful techniques about how to go about doing the fast. It also gives you practical tips about what to do before and after going on a dry fast. It helps you appreciate that doing the right pre-fast and post-fast things is critical to making a successful dry fast. This book is a thorough, meticulous, and easy-to-follow guide which will help you navigate your way through dry fasting. By helping you prepare, do, and come out of your fast successfully, this book helps you enjoy the health benefits that come with dry fasting. Reiki is an alternative healing technique that does not rely on anything pharmaceutical whatsoever. In fact, it does not even rely that much on physical contact whatsoever. This technique uses the energy emitted by the human body. This technique is used to place some of the practitioners energy to clear the patient's ki pathways, which are the reasons why the person's body cannot heal itself. Once the ki pathways are cleared, the body can then start regenerating and healing itself from whatever it is that ails them. You will learn more about Reiki when you continue reading this book, like the different forms of Reiki, and the various ailments that it can cure. And you will also learn how to do very basic reiki healing techniques on your own, you will learn how to heal yourself whenever you feel under the weather.

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Third Eye Awakening is your one-stop definitive guide to awakening your third eye and learning how to open it. You have chakras all throughout your body that are intricately tied to your health, energy, and soul. In this book, the main focus will be on your third eye chakra. The source of your intuition and psychic gifts rests within your third eye. Located between your eyebrows, it can be opened with different methods which are detailed throughout this book. Through various meditation exercises (some as short as five minutes, others approximately 20 to 30 minutes), you can activate your third eye with some very simple techniques... This book includes detailed visualizations with quotes to inspire you, along with healthy ways to improve every part of your mind, body, and spirit. All of these techniques can be used to help you open your third eye chakra yourself, without any formal training. You will learn how every part of you is connected, and how a holistic approach to health and healing can change your life for the better. This book will teach you ways to ground yourself and how to spiritually protect yourself from picking up on other people's energy. You will learn about lucid dreaming, mental clarity, and how to achieve mindfulness... This four-in-one series includes the following 4 books: 1. THIRD EYE AWAKENING: Ultimate Beginner's Guide to Open Your Third Eye Chakra (Book 1) 2. THIRD EYE AWAKENING: Open Your Third Eye Chakra with Guided Meditation to Increase Awareness and

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Consciousness (Book 2) 3. THIRD EYE AWAKENING: 5 Techniques to Open Your Third Eye Chakra, Activate and Decalcify Your Pineal Gland (Book 3) 4. THIRD EYE AWAKENING: How to Open Your Third Eye Chakra, Increase Awareness, and Activate and Decalcify Your Pineal Gland through Guided Meditation (Book 4) In this book you'll learn: What is the Third Eye? How to awaken your third eye Heal affected chakras and realign your entire chakra system Reenergize your body and mind Lower stress levels and reduce anxiety Gain wisdom and clarity from your divine self How to use chakra meditation for spiritual healing Connect to your intuition Clear your body of negative energy Purify your energy field Train your mind to invest in positive thoughts And so much more! This book will help you discover things about yourself that you never knew. You will start seeing things in a different light, and your quality of life will grow in the best way possible! Grab your copy of Third Eye Awakening now! The Third Eye Chakra is the center to your intuition and psychic abilities. It holds certain powers that most people never even thought were possible or available to them. The third eye and the pineal gland complement each other and the power of both lie dormant, in most people, for all of their lives. But simple focusing and meditation techniques can help to open a dormant third eye... This 5-in-1 series includes the following 5 books: 1. Third Eye Awakening: Guided Meditation to

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Open Your Third Eye, Expand Mind Power, Intuition, Psychic Awareness, and Enhance Psychic Abilities 2. Chakra Awakening: Guided Meditation to Heal Your Body and Increase Energy with Chakra Balancing, Chakra Healing, Reiki Healing and Guided Imagery 3. Reiki Healing: Reiki for Beginners- Heal Your Body and Increase Energy with Chakra Balancing, Chakra Healing, and Guided Imagery 4. Energy Healing: Heal Your Body and Increase Energy with Reiki Healing, Guided Imagery, Chakra Balancing, and Chakra Healing 5. Spiritual Healing: Heal Your Body and Increase Energy with Chakra Healing, Chakra Balancing, Reiki Healing, and Guided Imagery Key Concepts Discussed in This Book: What is the Third Eye? How to awaken your Third Eye How to connect with your higher self Awaken your higher self through guided meditation Trusting your intuition Gain wisdom and clarity from your divine self Heal your mind and body through energy healing Clear your body of negative energy How to feel more relaxed and centered Use chakra meditation for spiritual healing Heal affected chakras and realign your entire chakra system How to balance your chakras Lower stress levels and reduce anxiety Reenergize your body and mind Purify your energy field Use the power of your mind to heal from within Train your mind to invest in positive thoughts And so much more! There's plenty of information in this book that will help you discover things about yourself that you never knew. You'll start

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to see things in a different light, and your quality of life will grow beyond anything you can imagine... This book will change your life and free yourself from any negative energies. NOW is the time to make a change and live a happier life! Grab your copy of Third Eye Awakening now!

T. Lobsang Rampa was preordained to be a Tibetan priest, a sign from the stars that could not be ignored. When he left his wealthy home to enter the monastery, his heart was filled with trepidation, with only a slight knowledge of the rigorous spiritual training and physical ordeal that awaited him . . . .@This is his story, a hauntingly beautiful and deeply inspiring journey of awakening within Chakpori Lamasery, the temple of Tibetan medicine. It is a moving tale of passage through the mystic arts of astral projection, crystal gazing, aura deciphering, meditation, and more, a spiritual guide of enlightenment and discovery through the opening of the all-powerful, the all-knowing . . . .@"Fascinates the reader!" -- Miami Herald

Do you want to learn increases mind power, clarity, concentration, psychic awareness through meditation? Are you ready to align your chakras and activate the kundalini energy and decalcify the pineal gland? If yes, then keep reading... The third eye is a chakra that lies directly between and a little bit above your eyebrows. This chakra is generally represented by an indigo light and is known and used by many religions and spiritual practitioners. The third eye is also known as the mind's eye or the inner eye. In essence, it translates to your ability to see and experience the invisible. Physically, the

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biological foundation of the third eye is not completely understood. Many studies have drawn conclusions on what causes it, but virtually no one has the finite answer as to what causes it to happen. Still, everyone is aware that it exists. Have you ever used your imagination? That is virtually the same as the third eye, except that it is being used in a different way. Many tests have been carried out to understand the third eye, but few have found out exactly how it works. Many scientists concluded that the visual pathway is a complex one that uses various pathways and neurons in order to create images. While we understand how vision works when actual eyes are involved, it's hard to understand how it works otherwise. Your chakras are powerful energy centers that connect your entire being to the worlds around you. Understanding how their power works and caring for your mind, body, and soul in a way that puts your energy as a primary priority can help you harness their capabilities to improve the way you navigate the world and the realms beyond what we perceive. As the gateway leading to the realities beyond our perceivable world, the third eye is one of the most potent and accessible energy centers we can use to increase and improve the powers of the mind. This ganglion of energy heightens our brain's capacity and establishes a stronger link between what we can sense and how we understand the truths and realities that we perceive. This book covers the following topics: - What is the third eye? - Process of unlocking the third eye - Pineal gland - Meditation - Healing mind and body through meditation - Mindfulness meditation - Awaken your inner self - What are clairvoyant

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capacities? - Benefits of astral projection - Psychic abilities - Chakra meditation - Guided meditations to rebalance your chakras and pineal gland activation - Mediums and intuition - Reiki practice - Energy healing - Creating positive thoughts - How to heal and strengthen your third eye ...And much more With the information in this book, you will be able to open your third eye. By awakening your third eye it will make you more conscious of the world around you. What are you waiting for? Don't wait anymore, press the buy now button and get started.

If you want to see what's on the other side, then The Third Eye Chakra is the only balance you need. Keep on reading to discover how you can take the max. potential out of it. That's right. Energy & vital functions are a perfect mix. There is nothing better than creating that perfect balance which makes you feel totally conscious. But... how to reach that point? Yet, that's not so difficult anymore. Over a thousand of different researchers came up with the only master book you need to get it done. Understanding, discovering & applying the Third Eye Chakra from scratch - without any previous knowledge required. Excited enough? That's not all. This so-called Third Eye is going to help you to: Encounter your state of enlightenment Make yourself more conscious Expand your mind power Boost your abilities ...& everything related to driving yourself to the next level (where others can't get to). Such as: Learning what's the Third Eye from scratch - That's right, you don't need any previous experience to get started. This master book covers all topics from A to Z. Understanding the Activation Point - Theory

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is useless without practical activities; this book got the step-by-step ultimate guideline for you. Protecting yourself from your perspective - Yes, there is no perfect balance if you don't know how to handle the Chakra. You'll learn how to do so. Over 80% of people who try the Third Eye Chakra fail at the first attempt. The reason? They don't know how to apply meditation in the right way. As well as how to unlock the full potential of the practices. You'll discover all the keys for a complimentary meditation to get it done. Step by step. And now... the decision is only yours. There is a whole world of information hidden for most part of the population. And now, you are about to get full access to the other side... Are you ready to make yourself a more powerful, open-minded & self-conscious person than before? Scroll up and Click on "Buy now" button, and let's see where your own mindset (now boosted) can take you to.

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discover how to tell if your third eye has been successfully opened, and will learn about the signs and symptoms associated with opening your third eye. Here Is What You'll Learn About... What Is The Third Eye Food And Diet For Opening The Third Eye Using Meditation To Open The Third Eye Third Eye Awakening Practices Symptoms & Side Effects Of Opening Your Third Eye Why You Should Open The Third Eye Much, Much More! Order your copy of this fantastic book today!

Do you want to discover how to expand your mind's power, improve your psychic abilities, and become spiritually aware? Then Keep Reading... The third eye is perhaps the most mysterious, powerful organ in the body. At about the size of a walnut, this tiny organ located in the brain has eluded mystics and scientists alike for centuries. In this chapter, we will discuss the myths and perceived powers of this amazing gland, and what has emerged in the scientific community that supports these ideas. Your third eye also referred to as the inner eye or the mind's eye is a spiritual and obscure concept of a conjectural invisible eye, normally believed to be positioned on the forehead, and that it gives you the perception that is beyond the bounds of normal sight. The third eye is entrenched in a gland known as the pineal gland. In as much as the pineal gland might be the centerpiece for the sixth sense (which is basically a preternatural perception that is beyond the confines of the normal five senses that we know), your third eye goes beyond just tutoring yourself to make a connection with the pineal gland. Your third eye forms a natural part of you as a person as well as every other individual. We can

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perceive it more like an unusual or unique "organ" that is made of your mind as well as other senses working collectively as a bigger, more robust sensory organ in connection with the pineal gland that acts as the central point to bring about the vision. The third eye makes up a very clever part of natural evolution that enables you to view your life patterns. Even more interesting, your third eye has the ability to show you these patterns superimposing this information over your other five senses. It is this energy that connects us with the energy of the universe. Consider yourself just a small bit of energy in a much larger matrix of energy that creates our known universe. All of the energy is connected, and should you choose to be wholly part of it, you can benefit from its positivity and force. Being in a good flow of energy manifests itself as leading a life that is fulfilling and purposeful. This book covers the following topics: The third eye The third eye awakening Activating techniques Chakras How to balance your chakras Chakra healing for beginners Astral travel Signs that you have attained spiritual awakening Your endocrine system and immune system Frequently asked questions ...And more If you are like me when I first started working on third eye activation, you are probably frustrated that you can't seem to find a clear structured plan on how to open and active the third and all the different steps you need to take before, during and after opening your third eye. You then find yourself confused and unable to find the answer anywhere. That is why I decided to make this book. I have gathered all the vital steps you need to take and structured them into a clear and understandable plan from

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how to start and where to go from there. This book will not only help you get started, but take you all the way, guiding you through every single step of the activation process.

This book is supposed to be a dynamic guide, which you can change and alter anyway you like, so that the exercises fit your needs. What are you waiting for?

If you want to tap into your hidden, spiritual being and open a floodgate of creativity, then you'll want to keep reading... We all have a pineal gland located in our brains. There is a direct relationship between the 3rd eye and the pineal gland. It is often referred to as the "seat of the soul" and is the gateway between the body and soul. The pineal gland is directly related to our circadian rhythms. In other words, it directly effects our sleep cycles. Unfortunately, with our modern lifestyles, many of us have a pineal gland that does not function properly. Is your pineal gland functioning properly? In this book you'll discover... The top 5 things you do that suppresses your third eye (pineal gland) and how to correct it. The secret ingredient that you must be exposed to everyday in order to improve your pineal gland function. ?How to recognize if you have pineal gland calcification and how what you can do to correct it. The one food you are eating every day that is hindering the function of your ability to open your third eye. How to detox in order to improve gland function 3 foods that are rarely talked about that can help detox your gland. How colors and odors play a role. The one thing you do every day that could be the real cause of 90% of pineal gland calcifications.And much, much more! The pineal gland is an amazon gland that we all possess. Unfortunately, many of

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us have an under-functioning gland don't even know it! If you want to improve your health and feel better and more energized, then what are you waiting for? Click the Add To Cart button to get started now.

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